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INTRODUCTION

This guide was designed to provide undergraduate students with information and insight into the many health-related programs offered at Lehman College. It is intended for individuals who may be interested in pursuing careers in healthcare and should serve as a tool to assist you in making decisions when selecting a major.

For each program you will find:

- A brief description of each major
- Examples of occupations in that field and possible work environments
- Possibilities for internship and volunteer opportunities
- Online resources for additional information

Please note that this guide does not replace the advisement expertise provided through Lehman's Career Services Center or your major academic department. Rather, it is intended to serve as an added resource as you begin to plan and prepare for your future career.

As you work toward your career goals, Lehman College will assist you every step of the way. To learn more about the majors listed in this guide, please contact the respective academic department.

The Career Services Center, located in Shuster Hall, Room 254, can provide assistance as you explore your options, select a major, identify experiential learning opportunities, and take advantage of a variety of available career developmental activities.
**DIETETICS, FOODS, AND NUTRITION MAJOR**  
**MINOR ALSO AVAILABLE**  
**OPTION 1: DIETETICS, FOODS, AND NUTRITION  
OPTION 2: FOOD SERVICE AND NUTRITION**

**BRIEF DESCRIPTION:** This program prepares students for entry-level positions as Dietitians or Nutritionists in hospitals, nursing homes, clinics, restaurants, catering services, community food service, and corporate food service organizations. It also prepares students for graduate study in dietetics and nutrition.

<table>
<thead>
<tr>
<th>OCCUPATIONS</th>
<th>SALARY RANGE</th>
<th>LEVEL OF EDUCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dietitian/Nutritionist</td>
<td>$40,000 to $60,500 per year</td>
<td>Graduate Degree</td>
</tr>
<tr>
<td>Dietetic Technician</td>
<td>$28,500 to $40,500 per year</td>
<td>Undergraduate Degree</td>
</tr>
<tr>
<td>Food Service Manager</td>
<td>$38,500 to $67,500 per year</td>
<td>Undergraduate Degree</td>
</tr>
<tr>
<td>Food Scientist/Technologist</td>
<td>$43,000 to $84,500 per year</td>
<td>Graduate Degree</td>
</tr>
</tbody>
</table>

**WORK ENVIRONMENTS:** Clinics, Cafeterias, Day Care Centers, Health Clubs, Home Health Agencies, Hospitals, Nursing Facilities, Physician Offices, Private Practice, Public Health/Government Agencies, Research Agencies and Schools

**CAREER OUTLOOK/PROJECTION**

*Employment of dietitians and nutritionists is expected to increase 20 percent from 2010 to 2020, faster than the average for all occupations.*

**EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES**

- Bronx Westchester Area Health Education Center: www.bwahec.org/
- Food Bank for New York City: http://volunteer.foodbanknyc.org/
- New York Presbyterian Hospital: nyp.org/
- Peer Health Exchange: www.peerhealthexchange.org/
- School Food: www.opt-osfns.org/schoolfood/publicl/default.aspx

*For more information, contact the Career Services Center and the major advisor in Health Sciences.*

**PROFESSIONAL ORGANIZATIONS**

- Academy of Nutrition and Dietetics: www.eatright.org.foundation/
- American Society for Nutrition: www.nutrition.org/

**WEBSITE RESOURCES**

- New York State Education Department: www.op.nysed.gov/prof/diet/
- Lehman College: www.lehman.edu/academics/health-sciences/dietetics-foods-nutrition.php

**LICENSURE**

New York State Education Department, Office of the Professions  
Division of Professional Licensing Services, Dietetics-Nutrition Unit  
89 Washington Avenue  
Albany, New York 12234-1000  
Phone: (518) 474-3817, extension 270  
Fax: (518) 402-5354  
E-mail: opunit3@mail.nysed.gov

*Sources: ama-assn.org, bls.gov/ooh, http://www.lehman.edu/undergraduate-bulletin/dieteticsfoodsandnutritionbs54615creditmajor.htm*
EXERCISE SCIENCE MAJOR
MINOR ALSO AVAILABLE

BRIEF DESCRIPTION: This program prepares students for careers in exercise science, physical fitness, and wellness in a corporate environment, community settings, and the fitness industry.

<table>
<thead>
<tr>
<th>OCCUPATIONS</th>
<th>SALARY RANGE</th>
<th>LEVEL OF EDUCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Athletic Coach</td>
<td>$37,000 to $53,500 per year</td>
<td>Graduate Degree</td>
</tr>
<tr>
<td>Athletic Trainer</td>
<td>$37,000 to $53,500 per year</td>
<td>Graduate Degree</td>
</tr>
<tr>
<td>Fitness Trainer</td>
<td>$37,000 to $78,500 per year</td>
<td>Undergraduate Degree</td>
</tr>
<tr>
<td>Health Educator</td>
<td>$50,500 to $71,000 per year</td>
<td>Graduate Degree</td>
</tr>
<tr>
<td>Physiologist</td>
<td>$40,500 to $69,500 per year</td>
<td>Graduate Degree</td>
</tr>
<tr>
<td>Sports/Athletics Manager</td>
<td>$36,500 to $75,500 per year</td>
<td>Graduate Degree</td>
</tr>
</tbody>
</table>

WORK ENVIRONMENTS: Health Clinics, Fitness Centers, Retirement Centers, Nursing Homes, Daycare Centers, Resorts, Camps and Park Districts, Cruise Lines, Community Centers, Rehabilitation Centers, Sports Facilities, Individual Athletes and Health Care Programs (Clinical, Industrial, Corporate)

CAREER OUTLOOK/PROJECTION

Employment through these fields is expected to increase between 24 to 29 percent from 2010 to 2020, faster than the average for all occupations.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES
New York Presbyterian Hospital: www.nyp.org/
Westchester Square Physical Therapy: www.wspt.org/

For more information, contact the Career Services Center and the major advisor in the Health Sciences Department.

PROFESSIONAL ORGANIZATIONS
National Health & Exercise Science Association: www.nhesa.org/
American Society of Exercise Physiologists: www.asep.org/
National Academy of Kinesiology: www.nationalacademyofkinesiology.org/
National Athletic Trainers' Association: www.nata.org/
American Kinesiotherapy Association (AKTA): www.akta.org

WEBSITE RESOURCES
Lehman College: www.lehman.edu/vpstud/careerservices/majors/html/exercisescience.html

Sources: bls.gov/ooh, www.lehman.edu/academics/health-sciences/
HEALTH EDUCATION AND PROMOTION MAJOR  
MINOR ALSO AVAILABLE  
OPTION 1: COMMUNITY HEALTH  
OPTION 2: COMMUNITY HEALTH AND NUTRITION

BRIEF DESCRIPTION: The primary aim of health education is to motivate individuals and groups in various settings to assume greater responsibility for their health by learning and adopting behaviors that promote wellness and prevent disease. This rapidly expanding field has received added impetus from recent Federal legislation emphasizing disease prevention and health promotion as major priorities of national social policy. The program is designed to prepare students for careers in community health education. Students are able to develop, manage, and evaluate health education and promotion programs in a variety of settings including public and community agencies, business and industry, hospitals, and other clinical facilities.

<table>
<thead>
<tr>
<th>OCCUPATIONS</th>
<th>SALARY RANGE</th>
<th>LEVEL OF EDUCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Educator</td>
<td>$50,500 to $71,000 per year</td>
<td>Graduate Degree Recommended</td>
</tr>
<tr>
<td>Recreation Leader</td>
<td>$32,500 to $48,000 per year</td>
<td>Undergraduate Degree</td>
</tr>
<tr>
<td>Volunteer Coordinator</td>
<td>$54,500 to $81,000 per year</td>
<td>Undergraduate Degree</td>
</tr>
<tr>
<td>Fitness Trainer</td>
<td>$37,000 to $78,500 per year</td>
<td>Undergraduate Degree</td>
</tr>
<tr>
<td>Human Services Assistant</td>
<td>$27,000 to $38,000 per year</td>
<td>Undergraduate Degree</td>
</tr>
</tbody>
</table>

WORK ENVIRONMENTS: Colleges/ Universities, Corporations, Correctional Facilities, Hospitals, Non-profit Organizations, Physician Offices, Rehabilitation Clinics, Public Health Agencies and Schools

CAREER OUTLOOK/PROJECTION  
Employment of health educators is expected to grow by 37 percent from 2010 to 2020, much faster than the average for all occupations. Growth will be driven by efforts to reduce healthcare costs by teaching people about healthy habits and behaviors.

EXAMPLES OF INTERNSHIPS/VOLUNTEER OPPORTUNITIES
Bronx Health Link: www.bronxhealthlink.org/  
Northern Manhattan Perinatal Partnership: www.sisterlink.com/  
Peer Health Exchange: www.peerhealthexchange.org/  
Public Health Solutions: http://www.healthsolutions.org/

For more information, contact the Career Services Center and the major advisor in the Health Sciences Department.

PROFESSIONAL ORGANIZATIONS
American Association for Health Education: http://www.aahperd.org/aahe/  
Society for Public Health Education: http://www.sophe.org/  
American Public Health Association: http://www.apha.org/  
Coalition of National Health Education Organizations: http://www.cnheo.org/

WEBSITE RESOURCES
What is Public Health? www.whatispublichealth.org/  
National Commission for Health Education Credentialing, Inc.: www.nchec.org/  
National Education Association: www.nea.org/  
Lehman College: www.lehman.edu/academics/health-sciences/health-education-promotion.php

HEALTH N-12 TEACHER MAJOR

BRIEF DESCRIPTION: This program prepares students to be health teachers in public and private elementary, middle and secondary schools. Students who complete the Health N-12 Teacher Degree Program and who pass the New York State Teacher Certification Examination will be provisionally certified as licensed teachers by the State Education Department.

<table>
<thead>
<tr>
<th>OCCUPATIONS</th>
<th>SALARY RANGE</th>
<th>LEVEL OF EDUCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elementary Teacher</td>
<td>$40,000 to $65,000 per year</td>
<td>Graduate Degree</td>
</tr>
<tr>
<td>Secondary Teacher</td>
<td>$40,500 to $64,000 per year</td>
<td>Graduate Degree</td>
</tr>
</tbody>
</table>

WORK ENVIRONMENTS: Elementary and Middle School

CAREER OUTLOOK/PROJECTION

Employment as health educators is expected to grow by 37 percent from 2010 to 2020, much faster than the average for all occupations. Growth will be driven by efforts to reduce healthcare costs by teaching people about healthy habits and behaviors.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

Bronx Health Link: www.bronxhealthlink.org/
Northern Manhattan Perinatal Partnership: www.sisterlink.com/
Peer Health Exchange: www.peerhealthexchange.org/

For more information, contact the Career Services Center and the major advisor in the Health Sciences Department.

PROFESSIONAL ORGANIZATIONS

American Association for Health Education: www.aahperd.org/aahe
American Public Health Association: www.apha.org/
Society for Public Health Education: www.sophe.org

WEBSITE RESOURCES

Lehman College: www.lehman.edu/academics/health-sciences/
On-line Application System for Educators: www.olasjobs.org/
New York City Department of Education: http://schools.nyc.gov/default.htm
The Coalition of National Health Education Organizations: www.cnheo.org/

CERTIFICATIONS

You must meet the requirements and pass the New York State Teacher Certification Examination to be provisionally certified as a licensed teacher by the State Education Department.

Sources: bls.gov/oes, www.lehman.edu/academics/health-sciences/
**BRIEF DESCRIPTION:** The program in Health Services Administration provides individuals with the knowledge and skills needed by administrators in hospitals, community health facilities, nursing homes, extended care facilities, financing and insurance agencies, health maintenance organizations, managed care organizations, and other health services programs. Career opportunities involving hospital administration, the management of long-term care, managed care, and ambulatory care facilities, and the planning and implementing of many different kinds of health services were all considered in designing this program. The curriculum also prepares students for graduate study in Health Services Administration.

<table>
<thead>
<tr>
<th>OCCUPATIONS</th>
<th>SALARY RANGE</th>
<th>LEVEL OF EDUCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Services Administrator</td>
<td>$ 69,500 to $109,000 per year</td>
<td>Graduate Degree</td>
</tr>
<tr>
<td>Environmental Health Inspector</td>
<td>$ 51,000 to $ 71,500 per year</td>
<td>Undergraduate Degree</td>
</tr>
<tr>
<td>Medical Records Technician</td>
<td>$ 33,000 to $ 47,500 per year</td>
<td>Undergraduate Degree</td>
</tr>
<tr>
<td>Food and Drug Inspector</td>
<td>$ 42,500 to $ 61,000 per year</td>
<td>Undergraduate Degree</td>
</tr>
<tr>
<td>Insurance Claim Representative</td>
<td>$ 40,500 to $ 63,000 per year</td>
<td>Undergraduate Degree</td>
</tr>
</tbody>
</table>

**WORK ENVIRONMENTS:** Insurance Companies, Long-term Care Facilities, Pharmaceutical Companies, Research Facilities, Information Systems Vendors, Corporations, Hospitals, Non-profit Organizations, Physician Offices, Rehabilitation Clinics and Public Health Agencies

**CAREER OUTLOOK/PROJECTION**

Employment of medical and health services managers is expected to grow by 22 percent from 2010 to 2020, faster than the average for all occupations. As the large baby-boom population ages and people remain active later in life, the healthcare industry as a whole will see an increase in the demand for medical services.

**EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES**

SUNY Downstate Medical Center: [http://sls.downstate.edu/minority_affairs/prospective_students/programs.html](http://sls.downstate.edu/minority_affairs/prospective_students/programs.html)
Cobble Hill Health Center: [http://www.cobblehilllifecare.org/cobblehill/](http://www.cobblehilllifecare.org/cobblehill/)
Jewish Home Life Care: [www.jewishhome.org/](http://www.jewishhome.org/)
NYU Hospital for Joint Diseases: [hjd.med.nyu.edu/](http://hjd.med.nyu.edu/)

For more information, contact the Career Services Center and the major advisor in Health Sciences.

**PROFESSIONAL ORGANIZATIONS**

Professional Association of Health Care Office Management: [www.pahcom.com/](http://www.pahcom.com/)
American Health Information Management Association: [www.ahima.org/](http://www.ahima.org/)

**WEBSITE RESOURCES**

Commission on Accreditation of Healthcare Management Education: [www.cahme.org/](http://www.cahme.org/)
Lehman College: [http://lehman.edu/undergraduate-bulletin/healthservicesadministrationbs55creditmajor.htm](http://lehman.edu/undergraduate-bulletin/healthservicesadministrationbs55creditmajor.htm)
Medical Group Management Association: [www.mgma.com/](http://www.mgma.com/)

Sources: [bls.gov/ooh](http://bls.gov/ooh)  [http://www.lehman.edu/undergraduate-bulletin/healthservicesadministrationbs55creditmajor.htm](http://www.lehman.edu/undergraduate-bulletin/healthservicesadministrationbs55creditmajor.htm)
NURSING MAJOR

BRIEF DESCRIPTION: The B.S. in Nursing is intended for non-nurses and for Registered Nurses licensed in New York State. The upper-division Nursing program leads to the B.S. degree and prepares students for a nursing career and for graduate studies in professional nursing. It fulfills the requirements of the NY State Education Department, is accredited by the Commission on Collegiate Nursing Education, and entitles graduates to take the National Council Licensing Examination (NCLEX) for licensure as a Registered Nurse. Graduates may work in general medical and surgical hospitals, physicians' offices, home health care agencies and nursing facilities.

<table>
<thead>
<tr>
<th>OCCUPATIONS</th>
<th>MEDIAN SALARY</th>
<th>LEVEL OF EDUCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Licensed Practical Nurse</td>
<td>$ 35,000 to $ 48,000 per year</td>
<td>Associate's Degree</td>
</tr>
<tr>
<td>Registered Nurse</td>
<td>$ 51,500 to $ 78,000 per year</td>
<td>Associate's/Bachelor's Degree</td>
</tr>
<tr>
<td>Nurse Practitioner</td>
<td>$ 70,500 to $101,000 per year</td>
<td>Graduate Degree</td>
</tr>
<tr>
<td>Nurse - Midwife</td>
<td>$ 73,000 to $108,500 per year</td>
<td>Graduate Degree</td>
</tr>
</tbody>
</table>

WORK ENVIRONMENTS: Government Agencies, Non-profit Organizations, Community Health Centers and Schools

CAREER OUTLOOK/PROJECTION

Employment of registered nurses is expected to grow 26 percent from 2010 to 2020, faster than the average for all occupations. Growth projections are based primarily on technological advancements, an increased emphasis on preventative care, and the large aging population of baby boomers who will require more healthcare services as they live longer more active lives.

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**Examples of Internships and Volunteer Opportunities**
Compassionate Care Hospice: [www.cchnet.net/](http://www.cchnet.net/)
Montefiore Medical Center: [www.montefiore.org/](http://www.montefiore.org/)
Visiting Nurse Services of New York: [www.vnsny.org/](http://www.vnsny.org/)

For more information, contact the Career Services Center and the major advisor in the Nursing Department.

**Professional Organizations**
Sigma Theta Tau International Honor Society of Nursing: [www.nursingsociety.org](http://www.nursingsociety.org)
American Nurses Association: [nursingworld.org/default.aspx](http://nursingworld.org/default.aspx)
American Association of Colleges of Nursing: [www.aacn.nche.edu](http://www.aacn.nche.edu)

**Website Resources**
Johnson & Johnson: [www.discovernursing.com/](http://www.discovernursing.com/)
Nurse.com: [www.nurse.com/students/careersinnursing.html](http://www.nurse.com/students/careersinnursing.html)
Lehman College: [www.lehman.edu/academics/nursing/](http://www.lehman.edu/academics/nursing/)
Nursing Students Association: [http://lehman.edu/academics/health-human-services-nursing/nursing/](http://lehman.edu/academics/health-human-services-nursing/nursing/)
National League of Nursing: [www.nln.org](http://www.nln.org)

**Licensure**
Registered Nurses & Licensed Practical Nurses:
New York State Education Department, Office of the Professions
Division of Professional Licensing Services, Nurse Unit
89 Washington Avenue
Albany, New York 12234-1000
Phone: (518) 474-3817, extension 280
Fax: (518) 474-3398
E-mail: opunit4@nysed.gov

Nurse Practitioners
New York State Education Department, Office of the Professions
Division of Professional Licensing Services, Nurse Practitioner Unit
89 Washington Avenue
Albany, New York 12234-1000
Phone: (518) 474-3817, extension 300
Fax: (518) 486-2966
E-mail: comped@nysed.gov

BRIEF DESCRIPTION: The B.S. degree program prepares students for entry into the recreation and leisure services profession. Graduates work with people of all ages in carefully planned and organized recreation settings. They may specialize in therapeutic recreation, administration, or exercise and sport. Students in the administration option work in public park and recreation agencies, not-for-profit organizations such as PAL and the YMCA, health and fitness centers, camps, and sports associations. Upon graduation, these students have met the requirements to sit for the Certified Park and Recreation Professional (CPRP) examination administered by the National Recreation and Park Association. Students in the Exercise and Sport option can work as programmers, fitness trainers, group exercise leaders or coaches, and in sports and fitness programs in a variety of settings. Students are prepared to obtain various fitness certifications from several national organizations. Fieldwork and internship experiences, important components of the major, give students the opportunity to apply theory to practice in an actual work setting under the supervision of a qualified professional.

<table>
<thead>
<tr>
<th>OCCUPATIONS</th>
<th>SALARY RANGE</th>
<th>LEVEL OF EDUCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recreational Therapist</td>
<td>$ 35,500 to $ 50,500 per year</td>
<td>Graduate Degree</td>
</tr>
<tr>
<td>Recreation Leader</td>
<td>$ 32,500 to $ 48,000 per year</td>
<td>Bachelor's Degree</td>
</tr>
<tr>
<td>Athletic Trainer</td>
<td>$ 37,000 to $ 53,500 per year</td>
<td>Graduate Degree</td>
</tr>
<tr>
<td>Athletic Coach</td>
<td>$ 37,000 to $ 53,500 per year</td>
<td>Graduate Degree</td>
</tr>
</tbody>
</table>

WORK ENVIRONMENTS: Convention Services, Event Planning Companies, Corporate Employee Services, Hotels, Resorts, Theme/Amusements Parks, Country Club, Non-profit Organizations, Nursing Homes, and Schools

CAREER OUTLOOK/PROJECTION

Employment for recreational therapists is expected to grow 17 percent, about as fast as the average for all occupations. With the aging of the baby boomer generation, recreational therapists will be needed to help treat age-related injuries and illnesses, such as strokes.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

Kingsbridge Heights Community Center: www.khcc-nyc.org/
Mosholu Montefiore Community Center: www.mmcc.org/

For more information, contact the Career Services Center and the major advisor in the Health Sciences Department.

PROFESSIONAL ORGANIZATIONS

National Recreation and Park Association: www.nrpa.org/
Wilderness Education Association: www.weainfo.org/
The Association of Church Sports and Recreation Ministries: www.csrm.org/

WEBSITE RESOURCES

Lehman College: http://www.lehman.edu/undergraduate-bulletin/recreationeducationbs40creditmajor.htm

SPEECH PATHOLOGY AND AUDIOLOGY MAJOR
MINOR ALSO AVAILABLE

BRIEF DESCRIPTION: The B.A. degree program provides students with fundamental knowledge related to normal and abnormal speech and language and basic communication processes in the context of a liberal arts and sciences education. The Department of Speech-Language-Hearing Sciences offers pre-professional coursework in typical and atypical communication processes, also in the context of a liberal arts education. The B.A. program prepares students for graduate study in Speech-Language Pathology or Audiology.

<table>
<thead>
<tr>
<th>OCCUPATIONS</th>
<th>SALARY RANGE</th>
<th>LEVEL OF EDUCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Speech Language Pathologist</td>
<td>$52,500 to $79,000</td>
<td>Graduate Degree</td>
</tr>
<tr>
<td>Audiologist</td>
<td>$49,500 to $79,000</td>
<td>Graduate Degree</td>
</tr>
</tbody>
</table>

WORK ENVIRONMENTS: Colleges/ Universities, Hospitals, Private Practice, Speech and Hearing Clinics, Physician Offices, Rehabilitation Clinics, Home Health Agencies and Schools

CAREER OUTLOOK/PROJECTION

Employment of speech pathologists is expected to increase 23 percent from 2010 to 2020, faster than average for all occupations. Employment of Audiologists is expected to increase 37 percent from 2010 to 2020, much faster than average for all occupations.

EXAMPLES OF INTERNSHIPS/VOLUNTEER OPPORTUNITIES
Bronx Westchester Area Health Education Center: www.bwahec.org/
Health Career Connection: www.healthcareers.org/
YAI: www.yai.org/

For more information, contact the Career Services Center and the major advisor in the Speech Pathology and Audiology Department.

PROFESSIONAL ORGANIZATIONS
American Academy of Audiology: www.audiology.org/Pages/default.aspx
American Auditory Society: www.amauditorysoc.org/
Audiological Resource Association: www.audresources.org/
American Speech Language Hearing Association: www.asha.org/default.htm
National Center for Voice and Speech: www.ncvs.org/

WEBSITE RESOURCES
Lehman College: www.lehman.edu/career-services/audiology-speech2.php
New York State Education Department: www.op.nysed.gov/prof/slp/a/speechlic.htm

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**License**
New York State Education Department
Office of the Professions
P.O. Box 22063
Albany, NY 12201

**Certification/Registration**
American Speech-Language-Hearing Association (ASHA)
2200 Research Boulevard
Rockville, MD 20850
(800) 498-2071

**Therapeutic Recreation Major**  
**Minor also available**

**Brief Description:** Therapeutic recreation specialists are employed in health and human service settings such as hospitals, nursing homes, adult day care facilities, youth agencies, drug treatment centers, and homeless shelters. They work with people with a variety of disabilities and health conditions. Students are eligible to sit for the national examination for Certified Therapeutic Recreation Specialist (CTRS).

<table>
<thead>
<tr>
<th>Occupation</th>
<th>Salary Range</th>
<th>Level of Education</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recreational Therapist</td>
<td>$35,500 to $50,500 per year</td>
<td>Graduate Degree</td>
</tr>
<tr>
<td>Fitness Trainer</td>
<td>$37,000 to $78,500 per year</td>
<td>Bachelor's Degree</td>
</tr>
<tr>
<td>Recreation Leader</td>
<td>$32,500 to $48,000 per year</td>
<td>Bachelor's Degree</td>
</tr>
<tr>
<td>Physiologist</td>
<td>$40,500 to $69,500 per year</td>
<td>Master's or Doctorate</td>
</tr>
</tbody>
</table>

**Work Environments:** Convention Services, Event Planning Companies, Corporate Employee Services, Hotels, Resorts, Theme/Amusements Parks, Country Club, Non-profit Organizations, Nursing Homes, and Schools

**Career Outlook/Projection**

*Employment for recreational therapists is expected to grow 17 percent, about as fast as the average for all occupations. The large aging baby boom generation will need recreational therapists to help treat age-related injuries and illnesses, such as strokes.*

**Examples of Internships and Volunteer Opportunities**

- Kingsbridge Heights Rehabilitation and Care Center: [www.khrcc.com](http://www.khrcc.com)/
- Schervier Nursing Care Center: [http://www.scherviercares.org/about-us-volunteer.html](http://www.scherviercares.org/about-us-volunteer.html)

*For more information, contact the Career Services Center and the major advisor in the Health Sciences Department.*

**Professional Organizations**

- New York State Therapeutic Recreation Association: [www.nystra.org/](http://www.nystra.org/)
- American Therapeutic Recreation Association: [www.atra-online.com](http://www.atra-online.com)
- National Recreation and Park Association: [www.nrpa.org/](http://www.nrpa.org/)

**Website Resources**

- Therapeutic Recreation Directory: [www.recreationtherapy.com/aboutr.htm](http://www.recreationtherapy.com/aboutr.htm)
- Lehman College: [http://www.lehman.edu/undergraduate-bulletin/therapeuticrecreationbs52creditmajor.htm](http://www.lehman.edu/undergraduate-bulletin/therapeuticrecreationbs52creditmajor.htm)

**Certifications**

- National Council for Therapeutic Recreation Certification
  7 Elmwood Drive
  New City, NY 10956
  Phone: (845) 639-1439
  E-mail: nctrc@nctrc.org

*Sources: ama-assn.org, bls.gov/ooh, [http://www.lehman.edu/undergraduate-bulletin/therapeuticrecreationbs52creditmajor.htm](http://www.lehman.edu/undergraduate-bulletin/therapeuticrecreationbs52creditmajor.htm)*
PRE-PROFESSIONAL PROGRAMS

PHYSICIAN ASSISTANT

BRIEF DESCRIPTION: Physician Assistant is not a degree, nor is it a major or a minor. A physician assistant (PA) is a medical professional. Under a doctor's supervision, and within the scope of the regulations of each state where the PA is licensed, a licensed PA may perform physical exams, diagnose and treat illnesses, assist in surgery, order and interpret lab tests, provide patient education, and prescribe drugs. Most PAs are found in primary care settings, especially family medicine, internal medicine, Ob/Gyn, and surgery. There are also options to specialize in a variety of medical fields such as orthopedics, cardiology, dermatology, radiology, pediatrics, and emergency medicine.

<table>
<thead>
<tr>
<th>OCCUPATIONS</th>
<th>SALARY RANGE</th>
<th>LEVEL OF EDUCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physician Assistant</td>
<td>$69,000 to $95,000 per year</td>
<td>Master's Degree</td>
</tr>
</tbody>
</table>

WORK ENVIRONMENTS: Group Practices, Health Maintenance Organizations, Hospitals, Long-term Care Facilities, Outpatient Care Centers, Physician Offices, Public Health Departments, and Student Health Services

CAREER OUTLOOK/PROJECTIONS

Employment of physician assistants is expected to increase 30 percent from 2010 to 2020, much faster than the average for all occupations. As more physicians enter specialty areas of medicine, there will be a greater need for primary healthcare providers, such as physician assistants.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

Bronx Westchester Area Health Education Center: http://www.bwahec.org/
Health Career Connection: http://www.healthcareers.org/

For more information, contact the Career Services Center and the advisor for the pre-professional programs.

PROFESSIONAL ASSOCIATIONS

American Academy of Physician Assistants: http://www.aapa.org/
Physician Assistant Education Association: http://www.paeaonline.org/
New York State Society of Physician Assistants: http://www.nysspa.org/

WEBSITE RESOURCES

Lehman College: http://www.lehman.edu/academics/pre-health-advising/physician-assistant.php
NYS Education Department Office of the Professions: http://www.op.nysed.gov/prof/med/rrp.htm
Explore Health Careers: http://explorehealthcareers.org/en/Career/19/Physician_Assistant

LICENSURE

New York State Education Department
Office of the Professions, Division of Professional Licensing Services, Medicine Unit
89 Washington Avenue, Albany, NY 12234-1000
Phone: (518) 474-3817, ext. 260
Fax: (518) 402-2323
Email: opunit2@mail.nysed.gov

**PRE-DENTISTRY**

**BRIEF DESCRIPTION:** Pre-Dentistry is not a degree, nor is it a major or a minor. It is a plan of action to prepare you for admission into dental school, in addition to completing a four-year bachelor's degree. The pre-dental course requirements must be completed before you apply to dental school. When planning the program of study, it is important to complete the subject matter that will be on the Dental Admissions Test (DAT) before actually taking the test. This includes two semesters each of biology, general (inorganic) chemistry, organic chemistry, and college-level math. Students typically take the DAT in the spring or summer following the junior year. To meet this timeline, the student should finish these courses by the end of the junior year.

<table>
<thead>
<tr>
<th>OCCUPATIONS</th>
<th>SALARY RANGE</th>
<th>LEVEL OF EDUCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dentist</td>
<td>$104,000 to $204,500 per year</td>
<td>Medical Degree</td>
</tr>
<tr>
<td>Dental Hygienist</td>
<td>$58,500 to $76,000 per year</td>
<td>Bachelor's Degree</td>
</tr>
</tbody>
</table>

**WORK ENVIRONMENTS:** Private Dental Practices, Public Health, Clinics, Hospitals, Federal Government Facilities, Military, Teaching Institutions, Research Facilities and Dental Sales

**CAREER OUTLOOK/PROJECTIONS**

*Employment of dentists is expected to grow by 21 percent from 2010 to 2020, faster than the average for all occupations. Dentists will see an increase in public demand for their services as studies continue to link oral health to overall health.*

**EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES**

- Kingsbridge Heights Rehabilitation and Care Center: [www.khrcc.com/](http://www.khrcc.com/)
- The Center for Special Dentistry: [www.nycdentist.com/student](http://www.nycdentist.com/student)

*For more information, contact the Career Services Center and the advisor for pre-professional programs.*

**PROFESSIONAL ASSOCIATIONS**

- American Dental Association: [www.ada.org/](http://www.ada.org/)
- American Dental Education Association: [www.adea.org/](http://www.adea.org/)
- American Student Dental Association: [www.asdanet.org/](http://www.asdanet.org/)

**WEBSITE RESOURCES**

- Lehman College: [www.lehman.edu/academics/pre-health-advising/pre-dental.php](http://www.lehman.edu/academics/pre-health-advising/pre-dental.php)
- New York State Department of Education Office of the Professions: [www.op.nysed.gov/prof/dent/](http://www.op.nysed.gov/prof/dent/)

*Sources: ama-assn.org, bls.gov/ooh, http://www.lehman.edu/academics/pre-health-advising/pre-dental.php*
**PRE-MEDICINE**

**BRIEF DESCRIPTION:** Pre-Medicine is not a degree, nor is it a major or a minor. It is a plan of action to prepare you to meet the requirements for admission into medical school, in addition to completing a four-year bachelor’s degree. The pre-medical course requirements must be completed before entering medical school but not necessarily before applying to medical school.

<table>
<thead>
<tr>
<th>OCCUPATIONS</th>
<th>SALARY RANGE</th>
<th>LEVEL OF EDUCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chiropractor</td>
<td>$66,000 to $128,000 per year</td>
<td>Master’s or Doctorate Degree</td>
</tr>
<tr>
<td>Dermatologist</td>
<td>$167,500 to $283,500 per year</td>
<td>Medical Degree</td>
</tr>
<tr>
<td>Internist</td>
<td>$137,500 to $232,500 per year</td>
<td>Medical Degree</td>
</tr>
<tr>
<td>Pediatrician</td>
<td>$135,500 to $231,500 per year</td>
<td>Medical Degree</td>
</tr>
<tr>
<td>Podiatrist</td>
<td>$125,000 to $216,000 per year</td>
<td>Medical Degree</td>
</tr>
<tr>
<td>Surgeon</td>
<td>$175,000 to $573,500 per year</td>
<td>Medical Degree</td>
</tr>
</tbody>
</table>

**WORK ENVIRONMENTS:** Clinics, Government Agencies, Health Maintenance Organizations, Hospitals, Long-term Care Facilities, Medical Schools, Military, Overseas, Peace Corps, Private Practice, Public Health Departments, Research Organizations and Health Centers

**CAREER OUTLOOK/PROJECTIONS**

*Employment of physicians and surgeons is expected to grow by 24 percent from 2010 to 2020, faster than the average for all occupations. Job prospects should be very good for physicians willing to practice in rural and low-income areas because these areas typically have difficulty attracting doctors.*

**EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES**

- Bronx Westchester Area Health Education Center: [www.bwahec.org/](http://www.bwahec.org/)
- New York Presbyterian Hospital: [www.nyp.org/](http://www.nyp.org/)

*For more information, contact the Career Services Center and the advisor for the pre-professional programs.*

**PROFESSIONAL ASSOCIATIONS**

- Association of American Medical Colleges: [www.aamc.org/](http://www.aamc.org/)
- American Association of Colleges of Osteopathic Medicine: [www.aacom.org/Pages/default.aspx](http://www.aacom.org/Pages/default.aspx)

**WEBSITE RESOURCES**

- Lehman College: [http://www.lehman.edu/academics/pre-health-advising/pre-medicine.php#resources](http://www.lehman.edu/academics/pre-health-advising/pre-medicine.php#resources)

Sources: [ama-assn.org](http://ama-assn.org), [bls.gov/ooh](http://bls.gov/ooh), [www.lehman.edu/academics/pre-health-advising/](http://www.lehman.edu/academics/pre-health-advising/)
**PRE-OPTOMETRY**

**BRIEF DESCRIPTION:** Pre-Optometry is not a degree, nor is it a major or a minor. Optometrists provide general eye and vision care. However, optometry involves more than just prescribing and fitting contact lenses and glasses. According to the American Optometric Association, "Doctors of Optometry are independent primary health care providers who examine, diagnose, treat, and manage diseases and disorders of the visual system, the eye and associated structures, as well as diagnose related systemic conditions." Optometrists perform comprehensive examinations of both the internal and external structures of the eye, diagnose problems and diseases, and prescribe appropriate treatment. Optometrists also evaluate vision, diagnose visual abnormalities, and prescribe appropriate corrective treatment. In addition, many systemic diseases such as hypertension and diabetes often involve the eyes in the earliest stages. Optometrists can detect these changes and refer the patient for further medical evaluation.

<table>
<thead>
<tr>
<th>OCCUPATIONS</th>
<th>SALARY RANGE</th>
<th>LEVEL OF EDUCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Optician</td>
<td>$31,500 to $46,000 per year</td>
<td>2 year Degree</td>
</tr>
<tr>
<td>Optometric Assistant</td>
<td>$34,500 to $49,000 per year</td>
<td>2 year Degree</td>
</tr>
<tr>
<td>Optometrist</td>
<td>$84,000 to $136,500 per year</td>
<td>Doctoral Degree</td>
</tr>
</tbody>
</table>

**WORK ENVIRONMENTS:** Chain Optical Stores, Clinics, Government Health Agencies, Health Maintenance Organizations, Hospitals, Optical Manufacturers and Private Practices

**CAREER OUTLOOK/PROJECTIONS**

*Employment of optometrists is expected to grow by 33 percent from 2010 to 2020, much faster than the average for all occupations.*

**EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES**

- Urban Optiques: [www.urbanoptiques.com/about/careers](http://www.urbanoptiques.com/about/careers)

*For more information, contact the Career Services Center and the advisor for the pre-professional program.*

**PROFESSIONAL ASSOCIATIONS**


**WEBSITE RESOURCES**

- Lehman College: [http://www.lehman.edu/academics/pre-health-advising/pre-optometry.php](http://www.lehman.edu/academics/pre-health-advising/pre-optometry.php)
- National Board of Examiners in Optometry: [http://www.optometry.org/](http://www.optometry.org/)

*Sources: ama-assn.org, bls.gov/odh, http://www.lehman.edu/academics/pre-health-advising/pre-optometry.php*
**PRE-PHARMACY**

**BRIEF DESCRIPTION:** Pre-Pharmacy is not a degree, nor is it a major or a minor. Pharmacy is a profession that is primarily concerned with the formulation and distribution of drugs and medications. Pharmacists advise on dosages, interactions, and side effects of drugs, and they instruct patients on safe and correct usage of medications. Many pharmacists also provide information about diet, health, and the management of common conditions from poison ivy to diabetes. Most pharmacists work in a retail pharmacy setting or in a hospital, clinic, or long-term care facility. Retail pharmacists may work for a larger chain of drugstores, or they may start their own independent business. Many pharmacists are directly involved in the management and business aspects of their practice.

<table>
<thead>
<tr>
<th>OCCUPATIONS</th>
<th>SALARY RANGE</th>
<th>LEVEL OF EDUCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pharmacist</td>
<td>$ 80,000 to $123,000 per year</td>
<td>Master's or Doctorate</td>
</tr>
<tr>
<td>Pharmacologist</td>
<td>$ 41,500 to $106,500 per year</td>
<td>Master's or Doctorate</td>
</tr>
<tr>
<td>Pharmacy Technician</td>
<td>$ 27,000 to $ 36,000 per year</td>
<td>Two-year Degree</td>
</tr>
<tr>
<td>Sales Representative</td>
<td>$ 42,000 to $ 67,500 per year</td>
<td>Bachelor's Degree</td>
</tr>
</tbody>
</table>

**WORK ENVIRONMENTS:** Clinics, Government Agencies, Home Health Care Agencies, Hospitals, Insurance Companies, Mail Order Pharmacy Companies, Pharmaceutical Companies, Retail Pharmacy Stores and Retail Store/Supermarket Pharmacy Departments

**CAREER OUTLOOK/PROJECTIONS**

*Employment of pharmacists is expected to increase by 25 percent from 2010 to 2020, faster than the average for all occupations.*

**EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES**

CVS Caremark: [http://jobs.cvshealth.com/article/pharmacists-jobs](http://jobs.cvshealth.com/article/pharmacists-jobs)
Rite Aid: [www.riteaid.com/careers/](http://www.riteaid.com/careers/)

*For more information, contact the Career Services Center and the advisor for the pre-professional programs.*

**PROFESSIONAL ASSOCIATIONS**

Accreditation Council for Pharmacy Education: [https://www.acpe-accredit.org/](https://www.acpe-accredit.org/)
American Association of Pharmaceutical Scientists: [https://www.aaps.org/default.aspx](https://www.aaps.org/default.aspx)

**WEBSITE RESOURCES**

Admissions Requirements: [http://www.aacp.org/resources/student/Pages/default.aspx](http://www.aacp.org/resources/student/Pages/default.aspx)
New York State Education Department Office of the Professions: [www.op.nysed.gov/prof/pharm/](http://www.op.nysed.gov/prof/pharm/)
Lehman College: [www.lehman.edu/academics/pre-health-advising/pre-pharmacy.php](http://www.lehman.edu/academics/pre-health-advising/pre-pharmacy.php)
PharmWeb: [www.pharmweb.net/](http://www.pharmweb.net/)

*Sources: ama-assn.org, bls.gov/ooh, www.lehman.edu/academics/pre-health-advising/*
PRE-PHYSICAL THERAPY

BRIEF DESCRIPTION: Physical Therapy is not a degree, nor is it a major or a minor. A Physical Therapist (PT) is a healthcare professional, who commonly provides non-invasive treatment for musculoskeletal injuries and diseases, but may be involved in treatment of other body systems as well. In addition to treatment of existing problems, they may also provide therapies and strategies to maintain function and/or prevent future injury from occurring. Most PTs are found in primary care settings, such as hospitals, clinics, rehabilitation centers, and nursing homes. There are also options to specialize in a variety of subspecialties such as orthopedics, pediatrics, geriatrics, cardiology, sports medicine, and neurology. The PT field is rapidly growing as demand steadily increases and interest in the profession expands. Many people are attracted to the ability to provide healthcare and earn a good salary. Physical Therapy programs award either the Masters in Physical Therapy (MPT) or Doctorate of Physical Therapy (DPT) degree.

<table>
<thead>
<tr>
<th>OCCUPATIONS</th>
<th>SALARY RANGE</th>
<th>LEVEL OF EDUCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical Therapist</td>
<td>$52,500 to $ 81,000</td>
<td>Graduate/Doctoral Degree</td>
</tr>
<tr>
<td>Physical Therapy Assistant</td>
<td>$25,500 to $ 54,000</td>
<td>2 Year Degree</td>
</tr>
</tbody>
</table>

WORK ENVIRONMENTS: Clinics, Hospitals, Health Centers, Private Practices, Rehabilitation Center, Schools, Sports Facilities and Nursing Homes

CAREER OUTLOOK/PROJECTIONS

Employment of physical therapists is expected to increase 39 percent from 2010 to 2020, much faster than the average for all occupations. Demand for PT services will come, in large part, from the aging baby boomers, who are staying active later in life than previous generations did.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

Westchester Square Physical Therapy: www.wspt.org
NYU Hospital for Joint Diseases: http://tinyurl.com/RuskRehabilitationInternship
Visiting Nurse Services of New York: http://www.vnsny.org/careers/students-and-new-grads/

For more information, contact the Career Services Center and the advisor for the pre-professional programs.

PROFESSIONAL ASSOCIATIONS

American Physical Therapy Association: http://www.apta.org/

RESOURCES

Lehman College: http://www.lehman.edu/academics/pre-health-advising/pre-physical-therapy.php
Federation of State Boards of Physical Therapy: www.fsbpt.org
NYS Education Department Office of the Professions: http://www.op.nysed.gov/prof/pt/

LICENSURE

Physical Therapy, Podiatry & Ophthalmic Dispensing
Office of the Professions, New York State Education Department
89 Washington Avenue, Albany, NY 12234
Phone: (518) 474-3817 x180, Email: PTBD@mail.nysed.gov

Sources: ama-assn.org, bls.gov/ooh, www.lehman.edu/academics/pre-health-advising/pre-physical-therapy.php/
**PRE-VETERINARY**

**BRIEF DESCRIPTION:** Veterinary medicine is not a degree, nor is it a major or a minor. It encompasses a highly diverse professional field. Although traditionally associated with treating and preventing animal disease, veterinarians are also directly involved in protecting public health. The veterinary field has become very specialized, with most modern veterinarians choosing to concentrate in areas such as small animal, large animal, food animal, or exotic animal species. Following completion of pre-veterinary studies, veterinary students complete a standard four-year curriculum. After receiving the DVM (or VMD) degree, the graduate veterinarian is eligible to take national and state board exams and apply for a license to practice. Licensing is controlled by the Board of Veterinary Medicine in each state where the veterinarian wishes to practice. If a license is granted, the veterinarian may go directly into practice. Internships and residencies are not required.

<table>
<thead>
<tr>
<th>OCCUPATIONS</th>
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<th>LEVEL OF EDUCATION</th>
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</thead>
<tbody>
<tr>
<td>Animal Caretaker</td>
<td>$23,000 to $30,500 per year</td>
<td>Two-year Degree</td>
</tr>
<tr>
<td>Animal Trainer</td>
<td>$28,000 to $40,500 per year</td>
<td>Bachelor's Degree</td>
</tr>
<tr>
<td>Veterinarian</td>
<td>$66,000 to $111,000 per year</td>
<td>Medical Degree</td>
</tr>
<tr>
<td>Veterinary Technician</td>
<td>$25,000 to $35,000 per year</td>
<td>Two-year Degree</td>
</tr>
</tbody>
</table>

**WORK ENVIRONMENTS:** Zoos, Aquariums, Federal Land Management Agencies, Environmental Protection Agency, Conservation Agencies, Universities/Colleges and Private Practices

**CAREER OUTLOOK/PROJECTIONS**

Employment of veterinarians is expected to grow 36 percent from 2010 to 2020, much faster than the average for all occupations. Job opportunities should be particularly good in areas of government and farm animal care.

Employment of veterinary technologists and technicians is expected to grow 52 percent from 2010 to 2020, much faster than the average for all occupations. Job opportunities are expected to be excellent, particularly in rural areas.

**EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES**

- ASPCA: [www.aspca.org/](http://www.aspca.org/)
- Turpentine Creek: [www.turpentinecreek.org/index.php/opportunities/internships-a-volunteers](http://www.turpentinecreek.org/index.php/opportunities/internships-a-volunteers)

*For more information, contact the Career Services Center and the advisor for the pre-professional programs.*

**PROFESSIONAL ASSOCIATIONS**

- American Veterinary Medical Association: [www.avma.org/](http://www.avma.org/)
- Association of American Veterinary Medical Colleges: [www.aavmc.org/](http://www.aavmc.org/)
- National Association of Veterinary Technicians in America: [www.navta.net/](http://www.navta.net/)
- Student American Veterinary Medical Association: [www.avma.org/savma/](http://www.avma.org/savma/)

**RESOURCES**

Lehman College: [http://www.lehman.edu/academics/pre-health-advising/veterinary-medicine.php](http://www.lehman.edu/academics/pre-health-advising/veterinary-medicine.php)

*Sources: ama-assn.org, bls.gov/ooh, http://www.lehman.edu/academics/pre-health-advising/veterinary-medicine.php*
### ADDITIONAL MINORS

The following health-related minors are currently available through the Health Sciences Department. Any student interested in learning more about these minors should contact the advisor in the Health Sciences Department for further information.

- Developmental Disabilities
- Geriatric Health
- Public Health
- Youth Services
STUDENT CLUBS

Below is a listing of clubs relevant to students within the health majors as well as clubs accepting students in any major. If you are interested in learning more about a club or becoming a member, please contact the Office of Campus Life at 718-960-8535 or visit the Student Life Building, Room 219.

Academic Honors Club
African Nursing Student Association (ANSA)
African Student Association
Anthropology Club
Human Rights and Peace Club
IDENTE Student Association
Intervarsity Christian Fellowship
Latin American Student Association
Latino Health and Nutrition
Lehman Bollywood Dance Club
Lehman College Nutrition Club (LCNC)
Lehman College Women and Leadership Club
Lehman DREAM Team
Lehman Health Promoters Club
Minority Association of Pre-Health Students (MAPS)
Multicultural Awareness Club
Muslim Student Association
National Society of Black Engineers (NSBE)
National Student Speech Language & Hearing Association - Lehman Chapter
Nursing Student Association
Pre-Nursing Club
South Asian Student Association
The Biology Club
TRAX
Truth Club
Woman in Science, Health and Engineering (WISHE)
HOSPITALS OFFERING VOLUNTEER OPPORTUNITIES

If you are interested in volunteering to gain experience in a healthcare setting, below is a listing of hospitals with the links for their volunteer page. Please follow the directions and apply to any facility you are interested in at least 2 months prior to the start of the semester.

MANHATTAN HOSPITALS

Bellevue Hospital Center
462 1st Avenue, New York, NY 10016
http://tinyurl.com/BellevueHospitalCenter

Coler-Goldwater Specialty Hospital and Nursing Facility
One Main Street, Roosevelt Island, NY 10044
http://tinyurl.com/Coler-Goldwater

Harlem Hospital Center
506 Lenox Avenue, New York, NY 10037
http://tinyurl.com/HarlemHospitalCenter

Hospital for Special Surgery
535 East 70th Street, New York, NY 10021

Memorial Sloan Kettering Cancer Center
1275 York Avenue, New York, NY 10065
http://www.mskcc.org/mskcc/html/1288.cfm

Metropolitan Hospital Center
1901 First Avenue @ 97th Street, New York, NY 10029
http://tinyurl.com/MetropolitianHospitalCenter

Mount Sinai Medical Center
One Gustave L. Levy Place, Box, 1274 New York, NY 10029
http://tinyurl.com/MountSinaiMedicalCenter

New York Foundling
590 Avenue of the Americas, New York, NY 10011
http://nyfoundling.org/volunteer

New York Presbyterian Hospital/Weill Cornell Medical Center
525 East 68th Street, New York, NY 10065
http://nyp.org/volunteer/weillcornell.html

New York Presbyterian Hospital/The Allen Hospital
5141 Broadway, 1 Center West-Room 011, New York, NY 10034
http://nyp.org/volunteer/allen.html

New York Presbyterian Hospital/Columbia University Medical Center & Morgan Stanley Children's Hospital
622 West 168th Street, Energy Court 2nd Floor, New York, NY 10032

NYU Langone Medical Center and School of Medicine
550 First Avenue, New York, NY 10016
http://www.med.nyu.edu/about-us/how-you-can-help/volunteer

BRONX HOSPITALS

Bronx-Lebanon Hospital Center
1650 Grand Concourse, Bronx, NY 10457
http://www.bronxcare.org/about-us-contact-us/

Calvary Hospital, Inc.
1740 Eastchester Road, Bronx, NY 10461
Web: www.calvaryhospital.org

Jacobi Medical Center
1400 Pelham Parkway South, Bronx, NY 10461
http://tinyurl.com/JacobiMedicalCenter

James J. Peters VA Medical Center
130 West Kingsbridge Road, Bronx, NY 10468
http://www.bronx.va.gov/giving/

Lincoln Medical and Mental Health Center
234 East 149th Street, Bronx, NY 10451
http://tinyurl.com/LincolnMedical

Montefiore Medical Center - Henry & Lucy Moses Div.
111 East 210th Street, Bronx, NY 10467
http://www.montefiore.org/volunteer

North Central Bronx Hospital
3424 Kossuth Avenue & 210th Street, Bronx, NY 10467
http://tinyurl.com/NorthCentralBronxHospital

St. Barnabas Hospital
4422 Third Avenue, Bronx, NY 10457
College Volunteers: (718) 960-9203
http://sbhny.org/index.php/about_us/volunteers
### BROOKLYN HOSPITALS

<table>
<thead>
<tr>
<th>Hospital Name</th>
<th>Address</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brookdale Hospital Medical Center</td>
<td>2554 Linden Boulevard, Brooklyn, NY 11208</td>
<td><a href="http://brookdalehospital.org/community/volunteers.html">http://brookdalehospital.org/community/volunteers.html</a></td>
</tr>
<tr>
<td>The Brooklyn Hospital Center</td>
<td>121 DeKalb Avenue, Brooklyn, NY 11201</td>
<td><a href="http://www.tbh.org/ways-to-give/volunteering">http://www.tbh.org/ways-to-give/volunteering</a></td>
</tr>
<tr>
<td>Kingsbrook Jewish Medical Center</td>
<td>585 Schenectady Avenue, Brooklyn, NY 11203</td>
<td><a href="http://tinyurl.com/KingsbrookJewishMedicalCenter">http://tinyurl.com/KingsbrookJewishMedicalCenter</a></td>
</tr>
<tr>
<td>Mount Sinai Brooklyn</td>
<td>3201 Kings Highway, Brooklyn, NY 11234</td>
<td><a href="http://tinyurl.com/MountSinaiBrooklyn">http://tinyurl.com/MountSinaiBrooklyn</a></td>
</tr>
<tr>
<td>SUNY Downstate Medical Center</td>
<td>450 Clarkson Avenue, Brooklyn, NY 11203</td>
<td><a href="http://tinyurl.com/SUNYDownstateMedicalCenter">http://tinyurl.com/SUNYDownstateMedicalCenter</a></td>
</tr>
</tbody>
</table>

### QUEENS HOSPITALS

<table>
<thead>
<tr>
<th>Hospital Name</th>
<th>Address</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elmhurst Hospital Center</td>
<td>79-01 Broadway, Elmhurst, NY 11373</td>
<td><a href="http://tinyurl.com/ElmhurstHospitalCenter">http://tinyurl.com/ElmhurstHospitalCenter</a></td>
</tr>
<tr>
<td>Flushing Hospital Medical Center</td>
<td>43-40 Parsons Blvd., Flushing NY 11355</td>
<td><a href="http://preview.tinyurl.com/FlushingHospital">http://preview.tinyurl.com/FlushingHospital</a></td>
</tr>
<tr>
<td>Forest Hills Hospital</td>
<td>102-01 66th Road, Forest Hills, NY 11375</td>
<td><a href="http://tinyurl.com/ForestHillsHospital">http://tinyurl.com/ForestHillsHospital</a></td>
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<tr>
<td>Jamaica Hospital</td>
<td>8900 Van Wyck Expressway, Jamaica, NY 11418</td>
<td><a href="http://tinyurl.com/JamaicaHospital">http://tinyurl.com/JamaicaHospital</a></td>
</tr>
<tr>
<td>Mt Sinai Hospital of Queens</td>
<td>2322 30th Road Ste. 2, Astoria, NY 11102</td>
<td><a href="http://www.mshq.org/about-us/volunteer">http://www.mshq.org/about-us/volunteer</a></td>
</tr>
<tr>
<td>New York Presbyterian-Queens</td>
<td>56-45 Main, Street, Flushing, NY 11355</td>
<td><a href="http://www.nyhq.org/Become_a_Volunteer">http://www.nyhq.org/Become_a_Volunteer</a></td>
</tr>
<tr>
<td>Queens Hospital Center</td>
<td>82-70 164th Street, Jamaica, NY 11432</td>
<td><a href="http://tinyurl.com/QueensHospitalCenter">http://tinyurl.com/QueensHospitalCenter</a></td>
</tr>
<tr>
<td>St. John's Episcopal Hospital</td>
<td>327 Beach 19th Street, Far Rockaway, NY 11691</td>
<td><a href="http://www.ehs.org/About-Us/Volunteering">http://www.ehs.org/About-Us/Volunteering</a></td>
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### WESTCHESTER HOSPITALS

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<tr>
<th>Hospital Name</th>
<th>Address</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blythedale Children’s Hospital</td>
<td>95 Bradhurst Avenue, Valhalla, NY 10595</td>
<td><a href="http://www.blythedale.org/volunteers">http://www.blythedale.org/volunteers</a></td>
</tr>
<tr>
<td>Hudson Valley Hospital Center</td>
<td>1980 Crompond Road, Cortlandt Manor, NY 10567</td>
<td>Volunteer: Pick up Application</td>
</tr>
<tr>
<td>New York Presbyterian Hospital - Westchester Division</td>
<td>21 Bloomingdale Road, White Plains, NY 10605</td>
<td><a href="http://nyp.org/volunteer/westchester.html">http://nyp.org/volunteer/westchester.html</a></td>
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<tr>
<td>Northern Westchester Hospital</td>
<td>400 East Main Street, Mount Kisco, NY 10549</td>
<td><a href="http://nwhc.net/about-us/volunteer">http://nwhc.net/about-us/volunteer</a></td>
</tr>
<tr>
<td>Phelps Memorial Hospital</td>
<td>701 North Broadway, Sleepy Hollow, NY 10591</td>
<td><a href="http://tinyurl.com/PhelpsMemorialHospitalCenter">http://tinyurl.com/PhelpsMemorialHospitalCenter</a></td>
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<tr>
<td>SJRH - St John’s Division</td>
<td>967 North Broadway, Yonkers, NY 10701</td>
<td><a href="http://tinyurl.com/St-JohnsRiversideHospital">http://tinyurl.com/St-JohnsRiversideHospital</a></td>
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<tr>
<td>St Joseph’s Medical Center</td>
<td>127 South Broadway, Yonkers, NY 10701</td>
<td><a href="http://tinyurl.com/St-JosephsMedicalCenter">http://tinyurl.com/St-JosephsMedicalCenter</a></td>
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<tr>
<td>Westchester Medical Center</td>
<td>100 Woods Road, Valhalla, NY 10595</td>
<td><a href="http://tinyurl.com/WestchesterMedicalCenter">http://tinyurl.com/WestchesterMedicalCenter</a></td>
</tr>
<tr>
<td>White Plains Hospital Center</td>
<td>41 East Post Road, White Plains, NY 10601</td>
<td><a href="http://www.givetowphospital.org/volunteer-opportunities/volunteer-program">http://www.givetowphospital.org/volunteer-opportunities/volunteer-program</a></td>
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